

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00AM						MUAY THAI
8:00AM						CARDIO BOXING
9:30AM	MUMS N BUBS		MUMS N BUBS			
12:00PM	MUAY THAI		MUAY THAI			
4:00PM	5-8YRS MT	KIDS FIGHTERS	5-8YRS MT	KIDS FIGHTERS		
4:30PM	9-14YRS MT		9-14YRS MT			
5:30PM	CARDIO BOXING	CARDIO BOXING	CARDIO BOXING	CARDIO BOXING	SPARRING	
6:30PM	BEGINNERS MUAY THAI	MUAY THAI	MUAY THAI	MUAY THAI		
7:30PM	FIGHTERS	FIGHTERS	SPARRING	FIGHTERS		

